

# ShoeString

Newsletter of The Dialysis and Transplant Association of Victoria Inc  
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May 2009

**2009**  
**Service of Remembrance**  
**& Thanksgiving**  
**Saturday 30th May 2009**  
**2 pm**  
*Doors open at 1.15pm*

*Afternoon Tea to follow Service*

**Melbourne City Conference Centre**  
**333 Swanston Street, Melbourne**  
*(Adjoins Church of Christ opposite State Library)*  
*Disabled access via Little Lonsdale Street*

**In recognition of all those who**  
**have been part**  
**of**  
**the transplant journey.**

A special invitation is extended to transplant recipients,  
their families and friends, and those families who have  
made life-giving decisions at times of personal loss.

**Hosted by**  
**Victorian Organ and Tissue Donation and Transplantation Services and**  
**Related Consumer Health Organisations.**  
**Enquiries: (03) 9349 4762**

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## Important Zen teaching - Alternative Advice for Real life

1. Do not walk behind me, for I may not lead.  
Do not walk ahead of me, for I may not follow.  
Do not walk beside me for the path is narrow.  
In fact, just sod off and leave me alone.
2. Sex is like air. It's not important unless you aren't getting any.
3. No one is listening until you fart.
4. Always remember you're unique. Just like everyone else.
5. Never test the depth of the water with both feet.
6. If you think nobody cares whether you're alive or dead, try missing a couple of mortgage payments.
7. Before you criticize someone, you should walk a mile in their shoes. That way, when you criticize them, you're a mile away and you have their shoes.
8. If at first you don't succeed, skydiving is not for you.
9. Give a man a fish and he will eat for a day. Teach him how to fish, and he will sit in a boat and drink beer all day.
10. If you lend someone £20 and never see that person again, it was probably well worth it.
11. If you tell the truth, you don't have to remember anything.
12. Some days you are the bug; some days you are the wind screen.
13. Don't worry; it only seems kinky the first time.
14. Good judgment comes from bad experience, and most of that comes from bad judgment.
15. A closed mouth gathers no foot.
16. There are two theories to arguing with women. Neither one works.
17. Generally speaking, you aren't learning much when your lips are moving.
18. Experience is something you don't get until just after you need it.
19. We are born naked, wet and hungry, and get slapped on our ass...Then things just get worse.
20. Never, under any circumstances, take a sleeping pill and a laxative on the same night

## PRESIDENT'S REPORT

First of all, my apologies must go to those people who offered to paint the house for us. I did not even think about the reason why we couldn't contact them to organise getting the job done. To realise that they had been fighting the fires, and one person had even had his own house burnt down, makes me embarrassed that I was thinking the painting wouldn't happen.

Late February the committee took the renal technicians out to lunch. It was unfortunate that most of the technicians were busy and so only two attended, but it was good for me to meet them, especially as now I am running the Rosebud House.

We are hoping to have the renal social workers get together on Thursday May 7th at Blackburn Looking forward to that.

Our members BBQ on the 1<sup>st</sup> of March went really well, and again the food was well organised and I must thank Joan and Sue for that. We had a really good day and our new members who attended were shown through the Blackburn house and all our services were explained to them.

Applications for our Ron Jones Education Awards are due soon and the rules and applications are found on the back pages. So if you have children in years 7 to 11 it is well worth encouraging them to apply. Sorry, but those children who won an award last year cannot apply this year.

I am off on holiday, with other DATA members to Lorne soon, and we are all looking forward to going somewhere different, and the nurses at the Lorne Unit are looking forward to us being there.

DATA helped sponsor two nurses from the Yarrawonga Hospital to travel to New Zealand to attend the R.S.A. National Conference. Their topic was to talk about dialysis patients having holidays. With DATA's holiday houses being high on their agenda. I believe it went really well and provided good publicity for us.

Thanks Joan for Shoestring, but we need more of your stories, so please help by sending them in.

A web site I have only just heard about, for those wanting to travel overseas is [www. globaldialysis. com](http://www.globaldialysis.com).

This site has travel tips and lists of dialysis units overseas.

Ros Ball

President



### **Technician's Lunch**

*Back Row Left to right*  
Alan Rawson, Barry Kerr, Joan Eastwood, Sue Hatzimichalis, Geoff Fletcher, Fay Rawson,

*Front Row Left to Right*  
Mae Kerr, Tony Beeston RMH, Tony Skipper Austin Hospital.

*Ros Ball took the photo that's why you cant see her!*

**Yarrowonga**

**Alan Rawson 22 Tarwin Drive Croydon 3136 0397233019**  
**E/mail fayal\_rawson@hotmail.com**

**Pretty well booked out for the year, BUT we have one cancellation, May 17th-24th, unfortunately there is no chair available for dialysis at the hospital during this week. Ring me to find out about cancellations.**

**When members arrive at the houses for their holiday if they have a complaint or an emergency about how the house has been left or anything is not working either let me know straight away or ring Ann Bonser at Yarrowonga, name and number on fridge.**

The house at Yarrowonga will be painted this year we have accepted a quote from a local painter, I will be approaching the clubs to see if they will help towards the cost. If any member would like to contribute it would be most welcome, as the costs of running the houses - rates, .water, gas and general maintenance, etc with the houses getting older are starting to increase. We like to keep our 3 properties in top class order, where else in Australia would you get a holiday on dialysis like Yarrowonga or Rosebud, 5 minutes from the beach, 1 minute from a beautiful lake, renal units 5 minutes away or dialysis at the houses and at a rent that makes every one else envious. We achieve this by a lot of good work by a hard working committee.

Our policy at DATA is that dialysis members get first preference for a holiday at both houses.

If you want to holiday at Yarrowonga or Rosebud ring me or Roz Ball first to see what dates are available at the house then ring the hospital to book in. If you have booked the house but have not rung the hospital to dialyse please, either you or your Renal unit **ring the Yarrowonga renal unit 57438189 and book in. For Rosebud get your hospital to ring and make a booking.**

**If you have booked for a holiday you must confirm your booking within 3 months of going.**

**YOU ARE NOT ALLOWED TO SMOKE IN THE HOUSE , ANY MEMBER WHO DOES WILL BE DEALT WITH AT THE DISCRETION OF THE DATA COMMITTEE. WHICH WILL PROBABLY BE A BAN ON USING THE HOUSES.**

**STAY AT BLACKBURN Contact Geoff Fletcher  
9894 2348 or DATA 9894 0377**

Come to Blackburn House and have a holiday, visit your doctor or your carer can even come for respite, contact your hospital social worker to arrange respite care.

Blackburn is a very comfortable house, has 3 twin bedrooms upstairs along with a lounge room bathroom and toilet,. Downstairs is 1 double bedroom, shower room, toilet, kitchen, laundry and another lounge room.

Both lounge rooms are very comfortable with lounge seating ,television and DVD player.

Cost per room is \$35 00 and \$20 00 per extra person (an amendment from last Shoestring which incorrectly showed \$15 00 per extra person) and \$10 00 per child.

It is self catering and you need to bring linen and towels or they can be hired at \$10 00 per week linen \$10 00 per week towels and need to be washed at end of stay and hung out on line or dried in drier. You also need to bring food, toilet paper and washing powder. We can also arrange remedial massage service if needed. Blackburn House is an easy walk to the train station and many bus routes stop at the station. We have many country people stay at Blackburn whilst having checkups or hospital visits, carers stay whilst partner in hospital, payment for travel and accommodation can also be arranged to be paid by V P T A S Victorian Patient Transport Assistance Scheme, see your social worker for information.

**Rosebud House Report**

Now that we are heading into winter, bookings have slowed down somewhat. Remember the house only costs \$50 for a week over winter.

I must remind people to please confirm you're booking 3 months before you go. Then I can organise all the paper work. I realise that sometimes people have to cancel at the last minute, and I don't expect you to pay for your holiday.

I have just had a week down there and found two electric blankets folded up in one of the wardrobes. The labels clearly state that the blankets **must not be folded**, and so I was forced to dispose of them. Thus I will not be replacing the electric blankets. Please leave the electric blankets on the beds, whether you use them or not, and any problems you encounter, let me know. One single bed is now without an electric blanket.

Plans for the house include, painting, carpet and upholstery cleaning and some brick laying. **(With many thanks to our members for carrying out these services, which helps keep our costs to a minimum).**

## GEOFF FLETCHER'S TRAVEL TALES

## PART THREE

On our way to Dunedin we called into Timaroo to have a short look around and have lunch at a very nice cafe at the railway station, (One of my dialysis nurses was here about 3 weeks before us, attending a wedding.) We continued onto Dunedin and booked into our accommodation and then went to Larnark Castle the only castle in New Zealand, This is one reason we went back to New Zealand . Last time we were here 32 years ago the castle was just being restored. We also drove around the very picturesque harbour, another bit we missed last time. We arrive at the castle and found out that it had snowed in the morning but all the snow had melted except for a small pile up at the top of the tower of the castle. We paid our fee to get in (nothing for nothing like home here in Australia) and did a self guided tour. We found it very interesting, very well restored and the grounds were very beautiful. Then we went back to Dunedin, found the hospital and I went to find where I had to go next day (Friday) for dialysis. When I had organised this , we went for a drive around Dunedin then back to our accommodation, had dinner and retired to our rooms.

Next morning had early breakfast, Then my friend Ralph drove me to the hospital, and dropped me off. Ralph went back to our accommodation and after breakfast the 3 of them went into Dunedin Central and wandered around. In the mean time I made my way to the dialysis ward and introduced myself and they said they were expecting me(that was good after them saying a few days ago that they had not received my paper work) My contact Liz Murray was off that day but I was welcomed and shown my dialysis machine which was in a room of 4 machines. My machine had just finished its disinfection cycle so I was put on and dialysed for 4.5 hours. During that time I chatted with the nurses and other patients, found out that they had another room of 4 machines and that most patients dialyse at home.

Also found out that this cold spell with snow was the coldest for 32 years which is when Jan and I with our 2 sons were last here and we could not go to Milford Sound because the tunnel was blocked, another reason we came back to New Zealand.

During dialysis we were given lunch and after I finished I called Jan (my wife) to say I was finished but could not get through and I thought maybe they were going on and leaving me behind. I did not blame them with me disrupting their day by having to dialyse. Those on dialysis know what I mean but eventually they came to pick me up, apparently they were having lunch with their phones turned off.

They had booked out of our accommodation and after picking me up we drove to Te Arnau, Our accommodation was very basic - no restaurant, nowhere to have breakfast, but it was all that was available when we booked but the room was clean and the bed comfortable, we had dinner at a nice Italian restaurant, breakfast at a local cafe and then drove to Milford Sound which we were able to do this time we arrived with a little time before our cruise we did our cruise which was very enjoyable and very beautiful. After the cruise we had lunch and then drove to Queenstown via Te Arnau the only way to go.

We booked into our accommodation had a look around had dinner at our accommodation then went for a walk around went back to our accommodation to sleep, had an early breakfast then went up the mountain in the Gondola Chairlift had a look around, very beautiful looking over the lake. We were very envious of all the fresh water around. then came down in the gondola and started our drive to Mount Cook via a small town called Arrow Town which is very historic as it still has a lot of old buildings then we continued to Mount Cook.

Mount Cook was very cold and very beautiful we were going to go walking but the weather closed in with a lot of rain we had a nice expensive dinner. We slept well, took photos as the weather had cleared had breakfast and then headed back to Christchurch to come home, on the way we stopped at the old tin shed and bought some souvenirs a very popular place way in the country.

Any one wanting to travel to New Zealand: it is not hard to arrange, I found my information on the net at Global Dialysis. I only did the South Island for those home trained. Christchurch have a mobile home with a dialysis machine in it you can hire, Dunedin has a caravan with a machine in it you can hire, you can arrange to dialyse at Christchurch or Dunedin and if you are home trained and competent Dunedin also has a home unit at Cromwell just out of Queenstown you can use. I hope the story of my holiday inspires other dialysis patients to have a holiday,

Jan and I are heading to Italy in the middle of May for 16 days with Dialysis Abroad.

All the best Geoff and Jan Fletcher

### **Congratulations to Angela Lindsey**

on being one of two winners of the State Nursing Awards run by Royal Melbourne Hospital (Melbourne Health). the two winners were Monica Kerlin and Angela Lindsey.

(As you all know Angela is our trusted minute secretary and has been associated with DATA for twenty years or more).

The excerpt below was taken from article published in Melbourne Health Matters, Issue 23, 2008. published by Melbourne Health - (Royal Melbourne Hospital)

Monica Kerlin Coordinator of the Chronic Heart Failure Service, was named Victoria's top nurse in Nursing in Clinical Practice.

Angela Lindsey, Clinical Case Manager with the North West Dialysis Service , was awarded the top nurse in Aged Care.

Monica and Angela received scholarships to allow them to share their skills and develop their work further.

The annual awards recognised and acknowledge the outstanding contribution of nurses in the public health system.

The nurses are nominated by their peers.

### ***About Angela Lindsey- Aged Care Award***

Angela Lindsey is a Clinical Case Manager with the North West Dialysis service.

She oversees the care of patients undergoing renal replacement therapy and dialysis treatment.

Angela recognised that older dialysis clients often had specific needs. In particular the quality of care and communication when clients moved between aged care facilities and acute services, was identified as an area for improvement.

Angela worked collaboratively with aged care facilities and others to identify the specific gaps. She developed an Aged Care package providing information

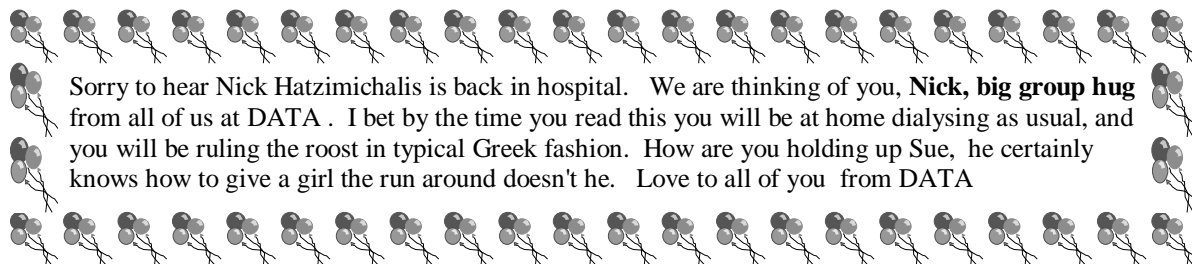
to enable carers (including aged care providers ) and patients to better understand dialysis. The package includes an information booklet, a communication book that travels with the client, a CD outlining treatment options and an explanation of common treatment complications.

This initiative has considerably improved clinical outcomes for older people undergoing dialysis. These include better medication management ,

dietary intake and fluid management - all key areas for those on renal failure.

The next step is to develop the package for patients of rural renal satellite centres.

*Well done Angela!*



Sorry to hear Nick Hatzimichalis is back in hospital. We are thinking of you, **Nick, big group hug** from all of us at DATA . I bet by the time you read this you will be at home dialysing as usual, and you will be ruling the roost in typical Greek fashion. How are you holding up Sue, he certainly knows how to give a girl the run around doesn't he. Love to all of you from DATA

To the Editor

In reply to Phemie and Norm Young, I I had a fistula below the elbow nineteen months ago and my hand went cold and painful with numb feelings in the fingers. It is slowly getting better, but at times is still very painful. Hanging your hand over the bed at night keeps it alive.

My wife and I took advantage of a chair vacancy in Swan Hill and went there for 7 days. We had a great time, the nurses were very friendly and helpful. Also checked out the house and hospital at Yarrawonga which we hope to go to in the new year.

From David Minchin 18/11/08

*This is in reply to a request for help in Nov 2008 SS . Sorry it didn't surface until now . The Editor*

## Carer's Night at Blackburn

We all enjoyed the evening though there were only three, the reason why we enjoy it brings a feeling of relief to be able to talk to others who have experienced what we are going through. It is very supportive and encouraging.

Margaret Hagerdorn has been attending the Carer's nights since the beginning of Carer's nights and is very appreciative of the support and care she has received through this group.

Margaret's husband Gerd has passed away on 29th October 2008. He lost his battle of twenty four years with renal failure due to complications. Professor Becker was very proud of Gerd as he was a star patient and had survived so well over a long period of years. *(see article below)*

Joan and Margaret welcomed Peter Classon and we look forward to seeing all of you in August..

*Also from Melbourne Health Matters Issue 23, 2008*

**Chairman's Award** for renal leader. **Professor Gavin Becker** was given Melbourne Hospital's highest honour in receiving the Chairman's Award at the 2008 AGM as part of the Best of Health - Celebrating Excellence celebrations.

Prof Becker is Director of Nephrology at RMH He has contributed to the Renal Unit and to RMH for more than 30 years and through his efforts, the renal unit has grown to be the largest in Australia.

Prof Becker introduced the innovation of dialysis in the home and satellite dialysis services to Australia. Both these modes of treatment have provided significant improvements not only in the quality of patient care but also quality of life for patients.

Internationally the Department is seen as a leader in nephrology education with overseas fellows regularly visiting RMH.

Ongoing sister centre arrangements have been established with hospitals in Indonesia, Pakistan, and Sri Lanka.

Nephrologist, Dr Kathy Nicholls is a longstanding and close colleague who has worked with Prof Becker for over 25 years .

"Gavin is one of the cleverest and clearest thinkers I've ever had the privilege to work with. He is honest and a superb clinician who has an extraordinary ability to understand people.

He empathises with all his patients. Gavin inspires enormous loyalty in his staff and is a magnificent mentor and teacher ," Dr Nicholls said.

Prof Becker was foundation member of both the Asian Pacific Society of Nephrology and the Transplantation Society of Australia & New Zealand . He is respected worldwide and has received numerous invitations to join international committees.

He is a member of the international Kidney Foundation (USA) Kidney Disease Outcomes Quality Initiative Advisory Board. Only four of the 44 members are non American . In 2002 Prof Becker was the recipient of the International Distinguished Medal from the National Kidney Foundation of USA

He is the past -President of the Asian-Pacific Society of Nephrology and currently chair of the International Society of Nephrology Clinical Practice Guidelines Committee, Councillor of the International Society of Nephrology , and Board Member of the International Guidelines Committee.

Prof Becker has published over 200 scientific articles , 10 chapters in books and six books. He has served on the editorial Boards of many international journals currently including the Clinical Journal of American Society of Nephrology , The Journal Of Nephrology, Nephrology, Nephron, and Nephrology, Dialysis & Transplantation

Outside his medical and academic work, his eclectic interests include history, language, swimming, and DIY projects . He not only built his own home he has constructed the best chook shed in the Otway region.

Great work Prof. Becker

*Prof. Gavin Becker is also Dialysis & Transplant Association's Medical Advisor.*

*For those of us who remember he was Spencer Eastwood's doctor too.*

### **Albury –Wodonga Renal Patients Support Group**

The next meeting of this group will be held on ..Sunday 7th June 2009  
At **S.S.A.Chinese Restaurant** cnr Young and Railway Place Albury at 12.30 pm

If anyone would like to come contact me (Lynda McAuliffe) on 0260214330

**The Albury Wodonga Renal Patients Support Group** has been operating for about ten years. It is available to anyone, patient, carer, family or friend of anyone who has renal failure or is dialyzing, or who has a transplant . We meet informally about every two months and enjoy a meal together and good company and fellowship. There are no fees to join and everyone is most welcome.

### **MYTH CONCEPTIONS by Dr Karl S. Kruszelnicki**

*Taken from Good Weekend The Age September 2008*

#### **Is Grapefruit Juice Safe?**

The Reverend Griffith Hughes first documented grapefruit in Barbados in 1750. It was carried to Florida in 1823. Today the US and China account for about half the world's production. The juice of the grapefruit sounds unquestionably healthy ; it has vitamin C, which is surely a good thing. What some people don't know, however, is that grapefruit juice can interfere with some common medications..

The interaction first came to medical attention in 1991 with the publication of a paper in *The Lancet* by Dr David G Bailey, from Ontario.

The paper opens with three dry words, 'A chance finding' and goes on to describe in very academic language, that grapefruit juice can increase the levels of a blood pressure drug. For example, instead of there being five micrograms of drug X per cubic centimetre of blood there may be 10 or 20 micrograms. In their study researchers wanted to learn if alcohol had any effect on a blood pressure drug called felodipine. They wanted to keep the presence of the alcohol hidden from the volunteers, so Dr Bailey was given the job of disguising it. He wasn't the best person to ask, as he was both a non- drinker and an athlete - the first Canadian to run a four minute mile. He and his wife spent the Friday night before the study raiding the pantry and the fridge. He later said. "The only thing that covered the taste of the alcohol was grapefruit juice."

Their study found that, while the alcohol did not interact with the blood-pressure drug, something weird happened - the drug levels were three times higher than expected.

They contacted the drug company that supplied them and asked if they had accidentally labelled 20mg tablets as 5mg. But the tablets were analysed and found to contain 5mg of felodipine.

So Dr Bailey did the study on himself. The first day he took felodipine with water and sent a blood sample off for analysis. The next day , he took it with grapefruit juice, and again sent off the blood sample. But he knew before the results came back that the level of the blood-pressure drug in his body on day two was sky high. He felt very light headed, and then and then fainted - a powerful hint that his blood pressure was too low.

Since then we have learned that grapefruit juice interferes with the natural breakdown of many other medications so that their levels in blood can increase - sometimes to a dangerous extent. These include some blood pressure drugs, antihistamines, hormones, antivirals, statins (for cholesterol), opiates, sedatives and even viagra. And we have found other fruits (limes, Seville oranges, and even sometimes apples) that can increase drug levels in your body.

Last month Bailey announced that the above mentioned fruits can , paradoxically , decrease the blood levels of certain other medications.

The lesson here is to check with your doctor or pharmacist about possible interactions between your medication and certain food.

## **Renal Society of Australasia (RSA) National Conference 2009**

At the RSA Conference 2009 in Rotorua, New Zealand, Melissa Moat & Annette Adkins from the Yarrawonga Dialysis Unit presented a poster titled -

**“A Change is as good as a holiday, but a holiday is better”.**

Everyone needs a holiday. For dialysis patients it's beneficial to be able to get away from the routine of haemodialysis. Although the treatment needs to continue, it's a nice change to be able to dialyse in a different environment. Yarrawonga is just the place to go. It's a pretty border town on the banks of the Murray River & a thriving tourist destination.

Here is some of what Melissa & Annette wrote about DATA & the Yarrawonga Dialysis Unit.

### ***History of the Unit and DATA House***

*Yarrawonga Dialysis Unit opened its doors back in 1984 in a very small room, one patient, one machine, one nurse. Over the next few years the number of local patients requiring treatment increased and we squeezed in another couple of chairs and trained two more nurses. As the town's popularity began to heighten so did the number of patients wanting to book holiday visits with us. In 1988 the town's attributes were recognised by Dialysis and Transplant Association of Victoria who funded and built DATA holiday house. DATA house is a three bedroom holiday home situated only a few meters from Lake Mulwala. The house is fully furnished, sleeps seven people and is equipped with two dialysis machines. To this day DATA house provides affordable accommodation for all dialysis and transplant patients and their extended families. Bookings for this house are available all year around and it is extremely popular. Over the last decade our small unit has provided services to both holidaying dialysis patients and those whom live locally. . . . .*

*The years have gone by and we do not have to reiterate how fast the dialysis population is growing. Our once small unit has now been replaced for a much larger one. We now have five permanent patients, four machines, five nurses and work two shifts a day. . . . .*

The many holiday patient comments were all complimentary. Some people just keep coming back to Yarrawonga, just like Norma & Brian Murray, “My husband and I are already planning our next visit to Yarrawonga for our 50<sup>th</sup> Wedding Anniversary. We wouldn't be anywhere else.”

Remember last month we told you we were going to sponsor two nurses from Yarrawonga to go to the Conference in New Zealand , See page 7 of March SS. Well, above is a report of their presentation and below is a photo of the cheque being handed over



*Above: Terry Welch, Director of Nursing, Melissa Moat Renal Dialysis Nurse , and Alan Rawson DATA Accepting cheque on behalf of Melissa Moat and An-drea Adkins toward their travel costs to present poster at the RSA National Conference in New Zealand*

<b>RON JONES EDUCATIONAL AWARDS</b>
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1. These Awards are to be known as the Ron Jones Educational Awards. They are to honour the memory of a founder and long time dedicated worker for DATA, Mr Ronald N Jones AOM.
  2. The purpose of these Awards is to encourage scholastic achievement.
  3. The Awards will be judged on scholastic ability exclusively assessed by a panel of judges accepted by DATA. No correspondence will be entered into.
  4. An Applicant must be a financial Member of DATA with renal failure or a child of a parent who has or did have renal failure.
  5. Applicants who have completed years 7 to 11 may apply for an Award by the end of May of the following year for presentation in October of that year.
  6. Assessment will be judged on an Applicant's previous year's full school reports together with a 300-word hand written essay on the topic of 'My Chosen Career'. Failure of an Applicant to submit full years' reports may, in the discretion of the DATA Committee or the Judges, result in the disqualification of that Applicant.
- Applications close May 30th 2009
7. The amount to be expended each year will be \$2000.00 and any amount not expended in any one year will not be available for use in subsequent years.
- Provided there are sufficient Applicants with merit, there will be:
- a) One (1) Award of \$800.00 based on demonstrated excellence and scholastic ability.
  - b) Three (3) Awards of \$400.00 each for encouragement of future academic achievement.
- If, in any one-year, no Applicant demonstrates a sufficient degree of excellence, the judges may, in their discretion, withhold the Award of \$800.00 based on excellence and scholastic ability. However, irrespective of the standard of the Application and provided that there are sufficiently qualified candidates, the judges must award three (3) encouragement Awards.
8. Notice of the Awards will be advertised in at least three subsequent editions of ShoeString starting in the November edition of each year.
  9. Applications will be printed in ShoeString and should be forwarded to the DATA Office by the end of May. Late Applications will not be accepted.
  10. **Schedule of Deadlines for Applications and Judging.**

<u>Close of Applications:</u>	end of May.
<u>Applications to Judges:</u>	last week of June.
<u>Results from Judges:</u>	second week in September.
<u>Advising Award Winners:</u>	3 weeks before the AGM.
<u>Presentation of Awards:</u> at the AGM in October.	
  11. An Award winner cannot apply for another Award for another two (2) years. An unsuccessful Applicant can apply in subsequent years.
  12. Awards will be presented to the successful Applicants at the AGM of each year. Parents will be invited to bring the Award winner to the AGM to receive a Certificate of Achievement or a Certificate of Encouragement.
  13. The Awards will be presented by Mrs Elvie Jones or the President of DATA.
  14. **Privacy:** No personal information given in an Application will be available to anyone. The only exception to this rule will be that an Applicant's age, school reports (with the Applicant's name and School obliterated) and the essay will be available to Members of the Judging Panel. Further, this exception will apply to a Sub-Committee specifically nominated each year by the DATA Committee to process the Award Applications. Those nominated persons will work in accordance with all Privacy Laws applicable in Victoria. Applications forwarded to the Judges will have a code of identification known only to the nominated Sub-Committee.
  15. **Amendment:** These Rules may be amended by a majority decision at any validly constituted DATA Committee meeting provided that the Members of the Committee have been given at least 7 days notice of the proposed changes.
  16. **Commencement:** These rules came into operation in the 2006 school year. Rules amended 7 October 2008

# APPLICATION FORM FOR THE RON JONES EDUCATIONAL AWARDS.

Applicants are requested to complete this form and forward it to

The Secretary  
D.A.T.A. Vic Inc.

P.O. Box 165, Blackburn 3130.

Applications must be received no later than the 31st May 2007.

Winners will receive awards at the A.G.M in August.

**Applications are to be accompanied by a 300 word hand written essay on “MY CHOSEN CAREER” and all the previous Year’s School Reports.**

Please use Block Letters or Type.

SURNAME.....GIVEN NAMES.....

ADDRESS.....

POST CODE.....DATE OF BIRTH.....

HOME PHONE.....MOBILE NO......

PARENTS / MEMBERS PARTICULARS

(IF APPLICANT MEMBER IS UNDER 18 OR A CHILD OF A MEMBER)

SURNAME.....GIVEN NAMES.....

ADDRESS.....

POST CODE.....PHONE.....MOBILE,,,.....

SIGNATURE OF STUDENT.....

SIGNATURE OF PARENT.....

Financial Member of D.A.T.A      YES     NO

MY ESSAY ON “MY CHOSEN CAREER AND SCHOOL REPORTS FOR THE LAST YEAR ARE ENCLOSED .    YES                       NO

SCHOOL PARTICULARS: PRESENT YEAR OF STUDIES.....

SUBJECTS STUDIES.....

.....  
.....  
.....  
.....  
.....

# Dates to Remember



**P.O. Box 165  
Blackburn 3130  
Ph (03) 9894 0377  
Fax (03) 9894 0266**

## **Executive Committee**

### **President**

Ros Ball (03) 9439 8866

### **Vice President**

Alan Rawson (03) 9723 3019

### **Past President**

Sue Hatzimichalis (03) 9378 8836

### **Treasurer**

Lloyd Samuel (03) 9527 2911

### **Assistant Treasurer**

Geoff Fletcher (03) 9894 2348

### **Secretary**

Sue Hatzimichalis (03) 9378 8836

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Kidney Awareness Week 24th-30th May 2009

Service of Remembrance and Thanksgiving.  
Saturday 30th May at 2pm at Melbourne City  
Conference Centre - *See front page for detail.*

Xmas In July to be held at St John's Anglican  
Church Hall (opposite 14 Queen St Blackburn)  
25th July 2009

Carer's Night Friday 28th August 2009  
14 Queen Street Blackburn

AGM DATA October date TBA

Christmas Party 6th December 2009  
Halliday Park Mitcham Road Mitcham

**Our thanks to all who contributed to this edition.**

**We would like to hear your story please write and tell us how you deal with kidney failure.**

**The Editor, Shoestring, P.O.Box 165 Blackburn 3130.**

**Web site [www.datavic.org](http://www.datavic.org)**

*The views expressed in the editorial and contributed items are those of the authors and are not necessarily the opinions of D.A.T.A. Inc.*

***Deadline for the next Shoe String 8th June 2009***

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